



WINNER NON-TECHNICAL SOLUTIONS

Mealflour: empowering indigenous women in Guatemala for climate resilient food sovereignty




Description of the project:

Todos Juntos works since 2016 with indigenous women in Guatemala to improve their nutrition and environment. Supported by university researchers, the association trained 100 women in 4 communities, to set up mealworm farms that ensure an affordable and sustainable source of protein. Rural women are empowered as “ambassadors” of mealworm farming through a Train-of-Trainers program. They initiated a catalog of local food sources to preserve indigenous knowledge and improve food sovereignty, incl. dietary recommendations. The catalog “Bienes Forestales” is disseminated in local Mayan language and will be used to transfer ancestral knowledge to children and set up gardens of local plants.






TRANSFORMATIVE OUTCOMES



Climate impact

	Sustainable protein production with reduced water use in a drought prone region
	Saving GHG emissions via reduced use of land and inputs
	Biodiversity and climate protection through ancestral knowledge

Gender impact

	Alleviates women’s workload for food production
	Train-of-Trainers model with local “ambassadors” of mealworm farming
	Income generation for women via local sales

Scalability / replicability

	Program replicated in 3 departments of Guatemala
	Open source approach and international partnerships with Universities and Foundations



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CONTACT



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