

**NON TECHNICAL SOLUTIONS**

# Women’s center in Nepal promotes holistic resilient livelihoods model

## Description of the project

Since 2013, Kopila Valley Women’s Center has uplifted 1,280 rural women towards financial autonomy and climate adaptation in the Karnali region through a holistic, ecological and rights-based model. The centre offers technical skills training in eco-friendly building techniques, electricity and organic farming, market access and financial literacy education, self-confidence and mental-health counselling, gender equality and human-rights awareness. Partnering with other organizations and local authorities, the program provides safe and supportive social networks for trainees. To encourage women’s entrepreneurship, the centre initiated a start-up loans scheme with low interest-rates. 87 % of the centre’s beneficiaries reported gaining confidence and new skills.



## Transformative outcomes

### Climate impact



Uses Compressed Stabilized Earth Bricks (CSEB), that reduce CO<sub>2</sub> emissions by 75 %, and make better insulated, disaster resistant homes.



Organic farming practices provide climate adapted livelihoods and food security, while protecting biodiversity.

### Gender impact



Women acquire new skills and self-confidence to access employment.



Loan scheme and support network enable women to start their own business.



The program challenges traditional gender roles and uplifts women from isolation and GBV.

### Scalability / replicability



Promotes skills and knowledge sharing with other organizations and throughout the community.



Sustainable, holistic and rights-based approach has ensured growing success and new partnerships over the years.



## CONTACT



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